



# Enjoy the outdoors – but know the rules

The right to explore Sweden's nature comes with shared responsibility. We practice the right of public access by respecting wildlife, nature, landowners, and others enjoying the outdoors.



## Roam freely (almost everywhere!)

Walk over mountains, on trails, and wander through the forest.

The right of public access applies almost everywhere. However, pass houses at a distance and take a detour around areas with growing crops and newly planted forests.

## Leave only footprints

Everything you bring into nature should come back out with you. Bring a bag to gather waste and leftovers. Either find a garbage can, or take it home with you.



## When nature calls



If no toilets or latrines are available, move away from trails, buildings, and water sources. For feces, dig a hole and cover it with soil or rocks. Toilet paper should be buried or packed out in your waste bag.

## Check out protected areas

Nature reserves and national parks offer plenty to see. To protect nature and wildlife, they may have special rules regarding things like lighting fires, camping, and dogs. Check what applies before heading out.



## Campfire with caution

You may light a fire if conditions are safe. Use a camping stove or a designated barbecue area. If that's not an option, choose a flat, non-flammable surface like gravel or sand. Keep the fire small, away from large rocks or cliffs.

## Sleep under the stars

Choose your campsite carefully and enjoy a night under the stars. Set up your tent on sturdy ground, keep a distance from houses, and stay only a night or two in the same spot. Motorhome, campervan or rooftop tent? Avoid all natural areas.



For more ways to follow the right of public access